

## NONFICTION

***Divorce And Blended Families* by Carrie Iorizzo - J 306.89 IOR**

Offers information and advice on divorce and blended families, including how to make household transitions more smooth.

***Mom's House, Dad's House For Kids: Feeling At Home In One Home Or Two* by Isolina Ricci - J 306.89 RIC**

Dr. Isa adapts her time-tested advice on maneuvering the emotional, logistical, and legal realities of separation, divorce, and stepfamilies to speak directly to children. Alongside practical ways to cope with big changes she offers older children and their families key resiliency tools that kids can use now and the rest of their lives.

***Co-Parenting 101: Helping Your Kids Thrive In Two Households After Divorce* by Deesha Philyaw - PARENTS 306.89 PHI**

Authors Deesha Philyaw and Michael D. Thomas, the creators of the popular co-parenting website, co-parenting101.org, share their own experiences raising their children together, as well as provide professional advice from co-parenting experts. Through practical tips combined with expert parental strategies, this book a great resource for divorced parents with children.

***Co-Parenting Through Separation And Divorce: Putting Your Children First* by Jann Blackstone-Ford - 306.89 BLA**

Parents going through separation or divorce are understandably worried about how the change in the family will affect their children. This guide walks parents through all the factors they should consider and offers step-by-step guidance on how to work together to put their children first.

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life is like a trip. A very long one. And what matters most is the people you travel with.

*The List of Things That Will Not Change,*  
Rebecca Stead

## CONTACT



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## DEALING WITH DIVORCE 2023

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# Tough Topics:

# Dealing With Divorce



EXPLORE. READ. ENJOY.

## BOOK LOCATIONS

If the book's spine label begins with the letter(s)

**JF:** juvenile fiction, 3rd floor

**ER:** early reader, 3rd floor

**P:** picture book, 3rd floor

**GRAPHIC:** juvenile graphic novel, 3rd floor

**PARENTS:** parenting collection, 3rd floor

**Dewey Decimal:** juvenile nonfiction, 2nd floor

## PICTURE BOOKS

### ***Divorce Is The Worst* by Anastasia Higginbotham - P HIG**

With honesty and humor, Anastasia Higginbotham beautifully conveys the challenge of staying whole when your entire world, and the people in it, split apart. The first children's book to tackle divorce from a child-validating point of view, *Divorce Is the Worst* is an invaluable tool for families, therapeutic professionals, and divorce mediators struggling to address this common and complex experience.

### ***Emily's Blue Period* by Cathleen Daly - P DAL**

After her parents get divorced, Emily finds comfort in making and learning about art.

### ***Lou Caribou : Weekdays With Mom, Weekends With Dad* by Marie-Sabine Roger - P ROG**

A young reindeer lives with his mother and visits his father on weekends. The story of Lou Caribou will help small children come to terms with their own parents' separation. This book shows that parents who live apart still lovingly care for their child, and that their separation has not diminished their love for him. Translated from French, it is written by children's author Marie-Sabine Roger and illustrated by Natalie Choux.

## PICTURE BOOKS CONT.

### ***Two Nests* by Laurence Anholt - P ANH**

Two birds build a nest together and hatch a baby bird, but when they fail to get along the father bird moves to a new nest, and though baby bird is unhappy at first, when he learns to fly from nest to nest he sees that the situation isn't that bad.

### ***Living with Mom and Living with Dad* by Melanie Walsh - P WAL**

A little girl describes what her life is like now that her parents no longer live together.

### ***Fred Stays With Me* by Nancy Coffelt - P COF**

A child describes how she lives sometimes with her mother and sometimes with her father, but her dog is her constant companion.

## JUVENILE FICTION

### ***Sonya's Family* by Elliot Riley - ER RIL**

Introduces Sonya, describes her family--her mother with whom she lives on weekdays, her father with whom she lives on weekends, her two brothers, and all her aunts and uncles and cousins--and explains how they do things together.

### ***The List Of Things That Will Not Change* by Rebecca Stead - JF STE**

Despite her parents' divorce, her father's coming out as gay, and his plans to marry his boyfriend, ten-year-old Bea is reassured by her parents' unconditional love, excited about getting a stepsister, and haunted by something she did last summer at her father's lake house.

### ***Road Trip with Max and His Mom* by Linda Urban - JF URB**

Max and his mom embark on a road trip as they adjust to their new understanding of family.

## JUVENILE FICITON CONT.

### ***Words With Wings* by Nikki Grimes - JF GRI**

When Gabby's parents separate, her tendency to daydream becomes essential to coping with life's difficulties, which only increase when she moves with her mother to a new home and a new school.

### ***I, Amber Brown* by Paula Danziger - JF DAN**

Because her divorced parents share joint custody of her, nine-year-old Amber suffers from lack of self-esteem and feels that she is a piece of jointly-owned property.

## GRAPHIC NOVELS

### ***Just Pretend* by Tori Sharp - GRAPHIC J SHA**

Tori makes up stories all of the time, so she has never lived in just one world. Those stories might just save her when her world seems to crumble

### ***Hey, Kiddo* by Jarrett Krosoczka - GRAPHIC B KRO**

Shares the author's upbringing in a family grappling with addiction and how he used art to survive.

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When you're a kid and a teen, you're not in control of your circumstances. But the beautiful thing about growing up is that you get to create your own reality and your own family. That family might be a group of tight-knit friends, that family might be a spouse and children of your own. But ultimately, your childhood realities do not have to perpetuate themselves into adulthood, not if you don't let them.

*Hey Kiddo*, Jarrett Krosoczka